

# CHARLOTTE

OCCUPATION: Student



Charlotte's youth masks a remarkable maturity and positive outlook. Active in theater, basketball and tennis, she shows those around her that scoliosis doesn't not have to hold anyone back. "Just be confident and proud around people," she says. Here, she shares her thoughts.

**When did you first learn about scoliosis and what was your reaction?**

I found out at my first doctor's appointment. I was very surprised!

**What people who don't have scoliosis don't get:**

Although it's hard to wear a brace for many hours a day and there are a LOT more appointments and check-ins for brace adjustments, you can still be as active as you want.

**The rudest thing someone has said about your curvature:**

Nobody has said anything rude about it! At first, it's hard to tell friends about it. But nobody has been rude to me.

**The best things about scoliosis:**

You can pick the pattern you want for your brace, and the brace really does help your curve. But most of all, having scoliosis makes you more courageous by challenging you with something you've never done before.

**If there were a scoliosis superhero, his or her name would be:**

Scolatastic!

**The best advice you'd give someone with scoliosis:**

WEAR YOUR BRACE!